

Estonian Society of Phenylketonuria and Galactosemia held its summer camp on July 10-12, 2020 in idyllic countryside of Viljandi County, Mellini tourist camp (www.mellini.ee). The aim of every summer camp and also in 2020 is always to bring together patients with PKU or GAL diagnosis, their families and/or other close persons. In this camp we had 25 patients with PKU and 2 with GAL, also 40 family members. We had a general meeting of the society, discussions, sharing experiences, several cooking classes in co-operation with VitaFlo and chef Adrian, was also going through guidelines for accounting Phe and participated in a workshop by Külli Muug, a clinical psychologist, who has during many years been focusing on children with eating disorders and/or special diets.

Our camp was a great success, and SSIEM support was used as a part to cover accommodation costs and meals. We would like to express our sincere gratitude for this support.

www.pku.ee